

PROTECTING YOUR IDENTITY AFTER A BREACH

WHAT TO DO IF YOU SUSPECT YOUR PERSONAL INFORMATION MAY HAVE BEEN COMPROMISED

The world we live in is full of potential threats, particularly when it comes to cyber security and protecting your personal information. According to the Javelin Strategy & Research's 2018 Identity Fraud Study, the number of identity fraud victims increased by eight percent (rising to 16.7 million U.S. consumers) in the last year — a record high since Javelin Strategy & Research began tracking identity fraud in 2003. If you received a notice that says your personal information was exposed in a data breach — or you've simply lost your wallet or your Social Security card — you probably have questions and concerns. Rest assured — even if you're sure your information is at risk, there are still things you can do to help protect yourself from lasting damage.

START WITH THE BASICS

- If the company responsible for exposing your information offers you free credit monitoring, take advantage of it. Your credit report is one of the best tools you have available to identify potential issues before they get out of control.
- If you do not have access to free credit monitoring, proactively check your credit reports at annualcreditreport.com. You can order a free report from each of the three credit reporting companies once a year.
- Consider signing up for a credit monitoring service on your own — services such as Lifelock, Identity Guard or Identity Force offer a variety of comprehensive services ranging from alerts to “family” coverage, which will monitor your children's Social Security numbers in addition to your own.

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One of the easiest ways to see if a criminal is fraudulently using your identity is to review your credit report. The Fair Credit Reporting Act (FCRA) requires each of the nationwide credit reporting companies — Equifax, Experian, and TransUnion — to provide you with a free copy of your credit report, at your request, once every 12 months.

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- Change your passwords. Passwords should be changed on all of your sensitive financial accounts at least once every thirty days.
- Implement 2-step authentication whenever possible — on your personal email, LinkedIn, Paypal, logging into bank accounts, etc.
- Consider using LastPass, Dashlane, Sticky Password or another similar product to store and protect your passwords.

EXTRA PRECAUTIONS

- Placing a Fraud Alert on your credit accounts can be an option. According to Transunion, “a Fraud Alert is a cautionary flag, which is placed on your credit file to notify lenders and others that they should take special precautions to verify your identity before extending credit.” Fraud Alerts may be as simple as providing a mobile or other phone number for a lender to contact you to verify that the account activity or application is really from you, and not from a cybercriminal. A Fraud Alert can be placed with one of the three major credit reporting agencies and will carry over to the others with no further action on your part. Fraud Alerts tend to last 90 days and then expire.
- A more drastic step is a Credit or Security Freeze. Placing a Security Freeze will prevent lenders and others from accessing your credit report entirely. This will prevent anyone from extending credit in your name — including actually extending credit to you. With a Security Freeze in place, you will need to take special steps when you wish to apply for any type of credit. Note that because of more stringent security features, you will need to place a Security Freeze separately with each of the three major credit reporting companies. A Security Freeze remains on your credit file until you remove it or choose to lift it temporarily.

As always, the best protection against identity theft is vigilance. Monitoring your bank, credit and investment accounts for unusual activity and contacting the appropriate parties as soon as you notice something is wrong is crucial to avoiding major problems down the line. For more tips on improving your personal security, contact your relationship manager or visit the [Security Center](#) on the Northern Trust web site.

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